

# STATE TEACHERS COLLEGE

# The Green and White Courier

VOLUME VII

MARYVILLE, MO., WEDNESDAY, MARCH 16, 1921.

NUMBER 23

## Debate Delivered in Assembly Mar. 8

Alice Peery and Iva Lape Chosen to Represent College at Cameron.

The preliminary for the intercollegiate debating contest was held in assembly March 8. The question, Resolved: That the Federal Government should enact legislation embodying the principles of the Kansas law for the settling of labor disputes in public service utilities, was upheld on the affirmative by Alice Peery and Iva Lape and on the negative side by Jeannie Blacklock and Charles Elmore.

The affirmative speakers stated that the Kansas industrial law is founded upon the principle that certain things are of public interest and welfare. The industrial code provides that if either party of a dispute be dissatisfied the decision can be taken to the supreme court of the state. Justice is guaranteed to all to work but anyone is forbidden to hinder another from working. The will of the majority shall be the law of the land. The law does not prohibit closed shop but it does prohibit violence on the part of the workers. Strikes are made unnecessary. Production and prices are stabilized. Steadier employment and fair wages are insured. Loss of property and life under industrial warfare is prevented. Such legislation will stop the warfare that ties up transportation, causes riots, murders and assaults is necessary. The prime purpose is not to settle strikes but to prevent them. It is right and just.

The upholders of the negative side showed that such a law as the Kansas law is impractical for the United States; it is not necessary; it is not American; it is not just and fair; it is not successful in Kansas; that there are better ways of solving the industrial problems of the nation.

The negatives said that the workers are hampered. They pointed out the main faults of the law as being: There are no qualifications for judges; no set time for decision; no statute books for guidance. National control of any branch of industry has not proved successful. The statement was made that strikes are decreasing and so legislation becomes unnecessary. The negative speakers contended that compulsory arbitration fastens upon industry a species of servitude and that is un-American.

Each of the debaters handled his arguments well and in an interesting manner. The judges selected Alice

Philomathen Literary Society To Activities Progress at College—Tennis and Hiking of Interest Now.  
April 21.

The Philomathen Literary Society will present "Quality Street," by Jas. M. Barrie, in the College auditorium, Thursday, April 21. "Quality Street" is a typical Barrie play which speaks for itself. It is an English comedy full of true humor such as Barrie only can portray. Miss Susan and Miss Phoebe, the old maids of Quality Street, are the true type English gentlewomen. The story which is enacted at the time of the Napoleonic Wars is woven around the romance of Valentine Brown, a soldier and friend of the Misses Throssel and Miss Phoebe.

A Royalty of \$50.00 is being paid for the play. This is a very high royalty to be paid for a college play. The play is owned and controlled by Charles Frohman Co., of New York.

### Missouri Has Art of Her Own.

Few people realize that Missouri has a growing art of her own. Missouri has such and it is being fostered and developed by the Artists' Guild of St. Louis.

The eighth annual competitive exhibition given by the Guild showed that this state has a number of talented painters. "The Harvest Moon" painted by Robert Kissack was one of the finest pictures shown. The paintings of Fred Carpenter and Katherine Cherry showed talent which places them among the ranks of the great American painters.

Edmund Wuerpel is a Missouri artist of note. He goes to nature only for his sketches. He paints his pictures in the studio transposing nature thru his own temperament. Many of his compositions are "filtered thru music." He conceives his pictures in terms of sound rather than of color.

Peery and Iva Lape to represent our College at Cameron on this same question April 8.

Let everyone in College give them united support. Each of us can tell them what we consider their strong and their weak points and if we find a good argument during our reading, we can pass it on to them. They deserve and they need our support; let us see that they get it.

Considerable interest is being shown in tennis this spring. Twenty-five students have signed up to play at regular periods, others play whenever they can find a vacant court or someone willing to exchange places with them. Awards for tennis will be given as in basket ball and hiking. Tournaments in tennis are also being planned.

The Husky Hikers are busy again, taking short hikes after school during the week. They are planning longer hikes for week ends. Wednesday afternoon, March 9, Alice Peery, Maud Fleming, Jeannie Blacklock and Anna Mae Gillis as hike leader took a six and one-fourth mile hike west of town. Another hike of five miles was taken Thursday.

### Correction Made in Hike Record.

A mistake occurred in last week's Courier which we wish to correct. In the record given for the husky hikers Jessie Murphy was credited with only 52 miles when she should have had 152 miles to her credit.

### Students are Entertained.

The B. Y. P. U. of the Baptist church entertained Tuesday evening, March 8 in the church parlors for all the students of S. T. C. A goodly number were present and were amused by putting on stunts in keeping with each month of the year. Refreshments of ice cream, wafers and lemonade were served to the guests.

### Miss DeLuce Attends Art Exhibit.

An exhibition of textile handcraft given at Omaha, Nebr., by the Omaha Society of Fine Arts was recently attended by Miss DeLuce. The exhibition was shown on the top floor of the public library. There were over two hundred specimens of contemporary American work in weaving, dyeing, batik, embroidery, lace and wool-block printing. Each month there is a change of exhibition.

Miss Winn, Miss MacLeod, Miss Minnie James, Miss Dow, and Miss DeLuce enjoyed a chafing dish supper at the home of Dean and Mrs. G. H. Colbert, Sunday, March 6.

**The Eurekan Literary Society challenges  
the other societies to a tennis  
tournament to be held soon**

## Maryville High Is N.W.Mo.Champion

All-District Teams Picked From Central, Maryville and New Hampton.

The Maryville High School basketball team won the fourth annual tournament which was held at the college gymnasium last Friday and Saturday by defeating New Hampton in the finals Saturday night. The score was 36-18. The game was rather one-sided as new Hampton was unable to penetrate Maryville's five-man defense.

The hardest fought game of the contests was played Saturday afternoon when Maryville defeated the strong St. Joseph Central team by the score of 16-15.

The tournament opened Friday morning when the coaches drew for places. The preliminaries were played Friday with the following results:

Hardin 24—Cameron 20.

Mound City 47—Craig 15.

Jamesport 16—Maysville 15.

New Hampton 41—New Point 20.

Bigelow 17—Stanberry 15.

Rosendale 25—Sheridan 23.

Elmo 38—Ravenwood 19.

Maryville 23—Hopkins 11.

Central 18—Excelsior Springs 10.

Hamilton 27—Tarkio 7.

Burlington Jet. 21—Hardin 18.

The semi-finals were played off Saturday and the scores were as follows:

New Hampton 33—Jamesport 21.

Rosendale 17—Bigelow 15.

Maryville 28—Elmo 11.

Central 30—Hamilton 16.

Maryville 25—Rosendale 15.

New Hampton 28—Mound City 13.

Maryville 16—Central 15.

After these games only two teams, Maryville and New Hampton remained undefeated. At eight o'clock Saturday night, they met for championship honors. The game was fast but Maryville had a slight edge on its opponent and soon ran up a ten point lead which they held throughout the game.

Brown starred for New Hampton, making several sensational shots. There were no stars for the Maryville team as they worked like a machine.

The score:

Maryville	F. G.	Fr. G.
Faris	6	0
DeArmond	6	0
French	1	8
Campbell	0	0

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(Continued on Page Eight)

## THE GREEN AND WHITE COURIER

### Here and There Among the Colleges

#### In-the-State.

History repeated itself at the Missouri-Kansas Aggies basketball game Saturday night, March 5, when Kansas won by a score of 32-24 and spoiled for the Tigers an all victorious season. Missouri had previously won seventeen games. Last year Missouri likewise dropped the final game to the Aggies after winning seventeen straight.

Missouri wins the Missouri Valley Conference championship. Missouri has won three conference basketball championships in the last four years of play.

The Teachers of Warrensburg won a non-conference basketball game from the junior college in Kansas City Friday night, Feb. 25, by a score of 20-13. The Teachers began the scoring and maintained the lead throughout the game.

The Warrensburg Teachers College is making plans for the largest high school basket ball tournament ever held in the history of annual affairs. They expect twenty-five or more teams this year.

A loving cup will be given to each of the girls and boys team that wins first place in the tournament.

The debating try-out for the inter-collegiate teams of Westminster College was held on the evening of Feb. 14. Ten men tried for places on the team and all made a creditable showing. The rankings were very close, but after an hour's deliberation the judges were able to make a decision. The following five men were chosen:

Lee C. Overstreet, of St. Louis.

Stanley P. Clay, of Joplin.

Curtis Mitchell, of Mexico.

C. K Lankfor, of Plattsburg, and

F. Stuart Yontis, Jr., of Paragould, Arkansas.

The first opponent will be a team from Denver University, March 31, or April 1. Debates with Central College and Washington University will be held later on in the season. Central is to send a team to Fulton and Westminster will send a team to St. Louis to meet Washington.

The College team met the academy team, Parkville, Mo., Monday evening, March 7 and in the ensuing game the academy received the worst end of a 32-33 score.

The Y. M. C. A. at Parkville announces the visit of two prominent men during the next month.

Dr. Elmer Lynn Williams, one of the national International Prohibition lecturers, is now on a tour of the colleges of the nation. He will visit Park College, Wednesday, March 16. The Student Volunteer Movement

have arranged for Mr. John Elder to spend March 16 and 17 at Park College.

The grades for the first semester, in Wesleyan College, Cameron, Mo., have just recently been compiled and it was found that the students had been doing by far the best scholastic work in the history of the school as far as the records show.

One year ago they had eight honor students the first semester, but this time there were eighteen.

In addition to these there is the unusual number of twenty-three in the College and the Academy with grades of B plus and above.

They also have a list of sixty-four in the college and academy whose grade ranks B and above. There is another large list doing medium work, and there were only eight who did poor work.

#### Out-of-the-State.

The Normal basketball team of Bellingham, Washington, was defeated by the Whatcom High School team by a score of 28-23. This leaves the honors for the city championship even and necessitated the playing of a third game.

Captain Dancey, of Vancouver, who was with the Canadian forces overseas during the late war, gave a very stirring address at assembly last week. The talk was in keeping with Washington's birthday.

March 11 both the men's and women's athletic departments will put on an exhibition at the Normal Gym at Aberdeen, South Dakota.

The girls will give exhibitions in marching, dancing, drill work and games. About 300 girls will take part in these events.

The boys' gym classes will put on three groups of events: Group 1—Marching tactics, semi-military and figure marching; Group 2—Calisthenics of freehand gymnastics; and Group 3—Apparatus work.

Jay Puckett, science instructor in the Trenton high school spent the week end March 5-6 with his parents Rev. and Mrs. T. J. Puckett of Maryville.

Mrs. and Mrs. F. S. Hall of Cheyenne, Wyo., arrived in Maryville, March 4, for a visit with Mrs. Hall's parents Mr. and Mrs. F. A. Bush. Mrs. Hall was formerly Miss Leila Bush and was a student of the college during the summer of 1920.

Dr. Hobbs is contemplating the construction of a new house as he has been unable to lease a satisfactory one. His family are at present located in Oregon. They expect to come to Maryville soon to make their home.

Miss Arroline Smith spent several days March 5-9 visiting at her home in Kansas City.

Mr. Miller gave an address at a community center meeting at Blackman school, eight miles south of Maryville, Thursday night, March 10. He gave a reading at a reception held at the Baptist Church, Tuesday night March 8.

Mr. Miller has recently written an article for the Missouri School Journal entitled, "Oral English versus Written English."

Dr. Fred Keller has been asked to deliver the High School commencement address at Gilman City May 13. He will give the class address at Graham, May 18.

Mrs. Caroline Leet spent the week end March 5-7 in Kansas City and Holden, Mo. While at Holden she witnessed the performance of the Anderson-Ring Duo Co., in which her niece Miss Mary Ellen Anderson took a leading part.

Frances Pugh, a former student of S. T. C. spent the week end March 4-6 in Maryville, the guests of Mary and Besse Martin of the College.

Miss Dow spent the week-end Mar. 11-13 at her home in Liberty, Mo.

Helen Dean, 1920, a teacher at Faukett, Mo., spent the week-end, March 5-6 in Maryville visiting with her father, Dr. L. E. Dean, and sister Virginia Dean.

A. J. Cauffman went to Pattonsburg March 5 on extension work for the college.

Lucile Wright was in Grant City, Saturday, March 5.

Viola Brandt, a former student, was in Maryville, March 3-5, taking the teachers' examination. She visited with her sister, Ada Brandt, a student of the College.

Miss Anthony and Mary Wooldridge went to Kansas City, March 9 to see the new styles in spring millinery and bring back ideas for use in our millinery class.

Dorothy Munger of St. Joseph, a former student, and Ray Fenton of Rushville were married March 10.

Mr. Swinehart returned to school, Wednesday, March 9, after an illness of nearly three weeks.

Mr. Cauffman conducted his two extension classes in geography at Plattsburg Saturday.

Faye Townsend visited at her home in Savannah over the week end, Mar. 11-12.

Daniel Hunt has entered school and expects to specialize in manual arts while here.

Miss Myrtle Ballard was in Savannah March 5 visiting with friends.

Miss Winn went to St. Joseph after the Savannah debate Friday night for a visit at home. She returned Saturday night with Miss Anthony and Mary Wooldridge who had been studying the spring styles in millinery in Kansas City since Wednesday.

Mr. H. A. Miller transacted some business in St. Joseph, Saturday morning, returning to Maryville on the noon train.

"These are days when chicken hours of rising must be abandoned by chicken-hearted people. The unsympathetic alarm clock is the only true guide to escape the anathema or ridicule of the pedagogue."

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—Burton Kline.

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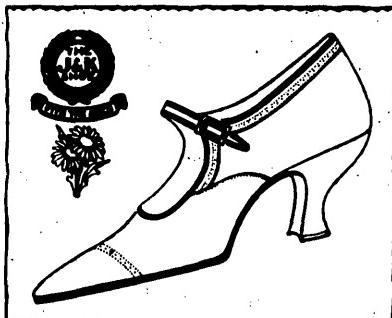
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# THE GREEN AND WHITE COURIER

## THE GREEN AND WHITE COURIER MARYVILLE, MISSOURI

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Instructor ..... Miss Beatrix Winn

WEDNESDAY, MARCH 16, 1921.

There is a better market for smiles than for frowns.

### Loyalty.

What a world of meaning lies in these three syllables and how much better this world would be if more loyalty were shown. Loyalty to our nation! And not only to the country at large but to our own individual town or township for of such is composed our nation. Loyalty should be shown by more actual support instead of the mere use of high sounding words and hats off when the flag goes by. We should act, in the living present and our motto should be, Help, not Hinder; Praise, not Criticize.

Loyalty to our Home! If only more American homes were around the fireside instead of on the streets or at the movies. If only there were fewer divorce cases and more cherished, sanctified homes. There would be, if love and loyalty were the foundation of the home. Why can't we like the poet realize that love is but a step from Heaven divine.

Loyalty to our school! Just how much do we contribute to the uplift and welfare of our school? Is it better or worse for our having been at one time a part of it? We have no right to attend an institution unless in some way we leave a worthy foot print. Do we speak for our Alma Mater? We should not wait until later years to appreciate her, but should scatter flowers now. When we have gone out from our place of learning we will not have to hang our heads in shame and say, "I love my Alma Mater, she is a great school, but I did little and said little toward making her that way."

Loyalty to our friends! Surely we are never disloyal to them. But what about that careless remark we made the other day? No, we didn't mean it, but somebody heard it and told somebody about it and before long perhaps several somebodys had entirely the wrong conception of that friend of ours. Yes, we're a friend—sometimes. Why make remarks about our friends that aren't true, aren't kind, aren't necessary? Let us be a friend to them in time of need, in the midst of adversity; let

us be a friend to them every day. Say the kind word, do the kind deed, smile a kind smile.

And so it is. Loyalty in every phase of life, loyalty to the right, to those around us and to every institution that is for the betterment of mankind. And loyalty consists not only of mere sentiment but of action. Be loyal and act loyal.

### S. T. C.'s Art Collection.

Miss Hopkins has listed the art owned by S. T. C. She finds that we have a right to be proud. It includes statuary, paintings, and portraits, all of which are master pieces. The following is the list submitted by Miss Hopkins:

Discobolus ..... Myron  
Children ..... Smith and Green  
Sir Galahad ..... Watts  
Bust of Shakespeare  
Bust of Milton  
Frieze of Horsemen ..... Phidias, from Parthenon.  
Hebe ..... Thorwoldsen  
Syndics of Clothesworkers Guild— Rembrandt.  
Hounds in Leash ..... Bates  
Temple of Thesus ..... Phidias  
Roman Forum  
Portrait of Mark Twain.  
Thomas Carlyle ..... Whistler  
Lion Gate of Mycenae  
Portrait of Lincoln ..... St. Gaudens  
Battle of Lexington ..... Bicknell  
Aurora ..... Reni-Guido  
Vision of St. Ursula.  
Christian Martyr.  
Capitol Building.  
Signing of Declaration of Independence ..... Trumbull  
Pilgrims Going To Church ..... Boughton  
Spirit of '76 ..... Willard  
Lincoln (Portrait)  
Washington (Portrait)  
Pershing (Portrait)  
Wilson (Portrait)  
Roman Colosseum and Arch of Constantine ..... Vespasian  
Cicero's Oration Against Cataline— Naccari.  
Hermes ..... Praxiteles  
Diana  
Venus di Milo ..... Alexandro  
Winged Victory of Samothrace— Poliocetes.  
Longfellow (Portrait)  
Washington (Portrait)  
The Mill ..... Ruisdall  
Amiens Cathedral ..... J. Fennemore  
The South Transept Rheimes Cathedral ..... Brewer  
Lucea della Robbia.

Ruth Foster, B. S., 1919, writes interestingly of her work at Bartlesville, Okla. She is teaching fine art in the high school there. She has a large enrollment in all her classes. Ruth recently had the pleasure of meeting Miss Alice Robinson the new member of Congress from Oklahoma and visited with her at her home in Muskogee, Okla.

Hester Shipps, primary teacher at Hopkins, visited the school Wednesday, March 9.

### Journalism Interests Many.

The School of Journalism of Missouri University has issued a bulletin giving the names and work done by their alumni since graduation. This is quite interesting to the citizens of Maryville since of the 236 graduates, seven of them have been or now are, living here, connected with the school, or the daily paper—the Democrat-Forum. Following is the list of these.

Anne Shannon Evans, working at present on the Democrat-Forum.

Dr. Fred Keller—1915, instructor in S. T. C.

Charles Edward Kane—1915, city editor Democrat-Forum, 1919. Now University Publisher, University of Missouri.

Herschel M. Colbert, 1915, son of Dean Colbert. Now editor of Monitor-Index, Moberly, Mo.

Oliver N. Gingrich, 1914, manager of the Forum 1914-17. Now Manager retail sales and advertising service, Ralston Purina Co., St. Louis, Mo.

Vernon Nash, 1914, news editor Democrat-Forum, 1915-16. Now publicity secretary, Kansas City Y. M. C. A.

David M. Warren, 1919, advertising manager Democrat-Forum, 1917-18. Now at Amarillo, Texas.

In addition to her graduates in journalism, Maryville has a group of amateur journalists made up of the class in journalism in S. T. C., whose work it is to put out each week the Green and White Courier. This class is composed of students who are new in the journalistic work and with only a few months training. Dr. Davis, a former teacher here, made a special study of college newspapers and classed ours as one of the best in the country.

Tessie Degan, a former editor of the Green and White Courier, received all of her journalistic training here and is now editor of the college paper in the S. T. C. at Dillon, Montana, where Dr. Davis is President.

Mattie Dykes, manager of a high school paper at Flagler, Colo., also received her training here.

There are many others who have received the training in helping publish our college paper, who are now helping on high school papers in the school where they are teaching.

Following is the Journalist's Creed as published by the Missouri School of Journalism:

### The Journalist's Creed.

I believe in the profession of journalism. I believe that the public journal is a public trust; that all connected with it are, to the full measure of their responsibility trustees for the public; that acceptance of lesser service than the public service is betrayal of this trust.

I believe that clear thinking and clear statement, accuracy and fairness, are fundamental to good journalism.

I believe that a journalist should write only what he holds in his heart to be true.

I believe that suppression of the

news, for any consideration other than the welfare of society, is indefensible.

I believe that no one should write as a journalist what he would not say as a gentleman; that bribery by one's own pocket book is as much to be avoided as bribery by the pocket book of another; that individual responsibility may not be escaped by pleading another's instructions or another's dividends.

I believe that advertising and editorial column should alike serve the best interests of readers; that a single standard of helpful truth and clearness should prevail for all; that the supreme test of good journalism is the measure of its public service.

I believe that the journalism which succeeds best—and best deserves success—feels God and honors man; is stoutly independent, unmoved by pride of opinion or greed of power, constructive, tolerant but never careless, self-controlled, patient, always respectful of its readers but always unafraid; is quickly indignant at injustice; is unswayed by the appeal of privilege or the clamor of the mob; seeks to give every man a chance and, so far as law and honest wage and recognition of human brotherhood can make it so, an equal chance; is profoundly patriotic while sincerely promoting international good will and cementing world-comradeship; is a journalism of humanity of and for today's world.

### A. C. A. Notes.

The Association of Collegiate Alumnae held its regular monthly meeting March 6, at the home of Miss Katherine Carpenter with Miss Anna Bainum as assistant hostess. The discussions of various magazines formed the program for the meeting. Miss Harriet Van Buren gave an interesting talk discussing current topics in "The Century Magazine." Miss Carrie Hopkins discussed "The Mentor" and Miss Laura Hawkins discussed "The Atlantic Monthly."

Miss Katherine Carpenter gave a violin solo accompanied by Mary Carpenter.

Refreshments were served at the conclusion of the program for the evening. St. Patrick's colors were used in the table decorations. Candle sticks tied with green tulle and green tapers were used. The candles, ice cream and cake were in the green and white color scheme. The meeting was one of the most interesting and enjoyable the association has held this year.

Mildred LaFavor, of Parnell a student during the winter quarter was visiting at the College March 8.

Thursday evening, March 3, Miss Dow and Miss DeLuce entertained a few friends at bridge in honor of Mrs. Henry Tool of St. Joseph. Those present were Mrs. Tool, Misses Ora Barnum, Minnie James, Anna Bainum, Mae Corwin, Laura Craig, Geneva Wilfley, and Mrs. Roy Kinward.

## THE GREEN AND WHITE COURIER

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# News of Northwest Missouri High Schools

**Bigelow.**

The Bigelow "Yellow Jackets" played their last conference game Friday, March 4, with the Forest City quintet at Bigelow. The "Yellow Jackets" won by a score 13-74.

The school board, in loyalty and support to the basket ball team, permitted school to be dismissed Thursday afternoon, March 10, so the faculty and students might attend the tournament at Maryville, March 11-12.

**Benton.**

Benton is probably the only high school of Northwest Missouri that has a pupil straight from France.

Henrietta Koller who formerly lived in Paris, where he attended the school of Deaconesses, came to this country about three months ago to live with her mother who has been here over a year. Her father was killed in the first Battle of the Marne.

**Chillicothe.**

Chillicothe won the basketball game played with Hamilton, Feb. 16. The score was 29-18.

Columbia High School played Chillicothe, Feb. 23. The score was 37-13 in favor of Chillicothe.

**Pickering**

The Pickering high school quintet won over the Quitman High School basketball team Friday night, March 5. The score was 76-1. The game was played at Pickering with Burks and Houston at the stars of the Pickering team. Burks shot twenty-four field baskets and Houston shot twelve.

**Savannah.**

Savannah won the championship of Northwest Missouri in the state debating contest Friday night by defeating Higginsville. They now debate the winners of Northeast Missouri for the honor of competing at Columbia with the champions of South Missouri for the state championship. The Savannah debaters are Paul and Wavie McKeo. They have now won five and lost one contest. Liberty defeated them in the northwest district contest. In all except the last debate they supported the negative of the question that compulsory arbitration of labor disputes is just and feasible.

The judges Friday night were Miss Winn and Mr. Miller of the State Teachers College at Maryville and Mr. Foster of the Richmond high school.

Pursuant to a recent act of the Kentucky legislature, a commission appointed by Governor Marrow has now in hand the raising of a \$50,000.00 fund for the purpose of purchasing

and maintaining as a memorial Steven Foster's old Kentucky Home "Federal Hill."

Steven Foster's spirit deserves all the gift of gratitude which our country can give. There is not an English speaking home in all the broad territory from coast to coast for the last half century and more than has not felt itself enriched, comforted and made happier and better by the music of this kindly soul. His melodies are sung more often than any hymn. Their words are recited more than any poem.

Foster's music has gone abroad, everywhere spreading its message of sentiment of human value; and its echoes will never end. What is \$50,000 as a measure of contribution among Americans for the saving and perpetuation of Foster's home.

—Extracted from the St. Joseph News-Press.

**Excelsiors.**

The following was written in view of coming contests by Mary Croy of Jamesport, a former student of S. T. C., and a loyal Excelsior:

*My Dream of the Excelsiors, (Let's make it a reality.)*

Time: April 13, 14, 15.

Scene—College Auditorium.

Charneters — Audience, Excelsiors, Philos, Eurekans.

But soft! What light through yonder doorway breaks! Is it the sun? Ah No! but something equally bright. Look close and you will see, it's the Banner of the Excelsiorites, carried By that loyal band.

How do they advance?

With head erect, you fancy how,  
On with steady tread,  
Just watch them come with banners  
High, held high above their heads,  
Off to the left with drooping crest  
The enemy advances

With heads bowed low, as if to shield  
Against those countless lances,  
The command is given!  
The charge is made!

See the combat thicken;

On ye braves, ye Excelsiors brave  
On! On! for we must defeat them.

We're watching, watching with bated

breath

And slow—Ah! see at last  
The enemies take to their heels  
And go.

At last the battle is over,  
Again the scene is changed.  
The audience waits. Ah! Still

We wait. It could not have been in

vain.

We look! We listen! and then

Oh! Crown of Fame! we hear  
Called out in tones so clear  
The grand old Excelsiors' name.

Come on Excelsiors! Get some pep  
for the contests and let us do our part

towards the fulfillment of the glorious dream of this absent Excelsior.

**Departmental Notes.****Latin.**

A class in Terence has been organized for the spring quarter. The work will include the reading of two plays written by Terence.

A college class in Caesar has been formed. Caesar will be read from a historical point of view and the six books will be covered in one quarter. The object of the course is to create an appreciation of Caesar as a historian as well as a general.

The department has two correspondence courses in progress, one in Salust Catiline and one in Terence.

There are two college classes and two high school classes enrolled this quarter in the Latin Department.

**Home Economics.**

The class in foods 71c is anticipating a very interesting and profitable course this term. Camp cookery and food demonstration work are to be the principal features of the course. Each student selects something which she is interested in preparing. She gathers the materials necessary for the demonstration and gives the actual demonstration before the class. This gives actual training for food demonstrators and is valuable in other ways as well as for those who expect to teach home economics.

**Manual Arts.**

An outlined course in concrete which may be taught in the high school can be secured by writing to the Portland Cement Association, Chicago, Ill. This course is quite elaborate. It was prepared by a board of state commissioners in Texas and is now being taught in the schools there. It may be adopted for the eighth grade as well as for the high school. It may also be secured by writing to Mr. Glenn.

**Art.**

All of the art classes show a good enrollment. The work is starting with a large amount of enthusiasm and interest. Commercial art and Household Furnishing and Decoration appear to be the most popular courses at present.

Mr. Hawkins made a talk recently at the Garfield school at the Parent-Teachers meeting.

U. L. Riley, a former student of S. T. C. now superintendent of Rosedale, Mo., was a visitor at the College, March 7.

**Literary Society Notes.**

Philos, where were you last Thursday at 3:20? You were not in Room 319. Consequently you missed a good program and a most important business meeting.

A debate: Resolved, That Ireland should be given unqualified independence, was given. The affirmative were Bernice Rutledge and Anna May Gillis, and the Negative, Charles Wells and John Lawton. The decision was in favor of the affirmative.

The debaters for the Inter-Society contest were chosen.

Philos, where are you going to be next Thursday at 3:20? If you want to back your society representatives be there, in Room 319.

**Excelsiors**

The following was the "spicy" program, given March 10:

Song ..... Society

Cloves ..... Dona Hinkle

Cinnamon ..... Myrtle Argo

Red Pepper ..... Alice Thompson

Talk ..... Mr. Miller

Next Thursday the society invites all students and faculty members to attend their program in celebration of St. Patrick's Day.

Come Back To Erin ..... Society

Life of St. Patrick ..... Mrs. Mary Tarpley

Irish Solo ..... Bessie McElroy

Reading ..... Donna Hinkle

Pat and Mike ..... Ira Fantz

Reading ..... Mabel McGuire

Talk ..... Frederick Kurtz

**Eurekans**

The debate on the open shop versus the closed shop policy was given Thursday, March 10. The debaters on the affirmative were Léston Webb and Opal Key. Those on the negative were Jesse Boatman and William Mapel. The negative won the decision. Mr. Wells, Mr. Foster and Mr. Cook were the judges.

President Richardson went to Jefferson City, March 8.

Mrs. Rankin entertained Mr. and Mrs. Charles Elmore and little daughter, Shirley at a six o'clock dinner, Saturday, March 5, at her home 207 South Buchanan.

The class in household mechanics did not materialize because those wishing to take the course could not arrange to take it at the time scheduled. This promises to be a very interesting course and we hope to have a class organized next term.

Virginia Lawson, 1919, now supervisor of Music in the Lenox high school spent the week end with her parents, Mr. and Mrs. A. S. Robey,

# THE GREEN AND WHITE COURIER

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## THE GREEN AND WHITE COURIER

### The Stroller

The Stroller went down town last Thursday after school and went into a drug store. Mary Carpenter was in there buying some powder and she told the Stroller that the prospects for handsome high school coaches here for the tournament were never better. He thought it a good idea and passed it on to Vesper Briant and Lethal Garten. She wondered if Alma Lucas would be interested but decided that excess work is too alluring.

The law of self preservation is strong in Miss Brunner and Mr. Griffin, the champion chicken-miners for the Near East Relief dinner, for they saved three chickens for their own consumption; some kill-joys found them, however, and they were served to hungry guests.

Mr. Wilson is reported as saying he wished he could live to be 200; now the Stroller wonders if the changing of a diamond ring from the third finger of a left hand to the fourth finger on a right hand could have been the cause of such a wish.

The Stroller was wandering around Perrin Hall, Tuesday night and saw Jeannie Blacklock sleeping under the bed; upon inquiring he found that it was not a habit but that she was merely paying a bet she had made with her roommate on the outcome of the debate held Tuesday morning.

Miss Brunner and Miss Miller were on their way to school one day recently when Miss Miller said: "I believe I will go for the mail."

Miss Brunner replied: "None for me," much to the surprise of the Stroller who was walking behind them.

The Stroller was in Dr. Keller's room Monday when he asked: "Why is the flag at half-mast?"

Helen Spangler eagerly replied: "On account of the weather."

It is rumored since the chicken dinner given for the relief fund that Miss Dow's proficiency in French and dramatics is only a part of her accomplishments. She seems to be as skillful in handling soup spoons and the stoves as she is in coaching Sister Mapel how to offer "his kingdom for a horse." Could she be training for a housekeeper? One never can tell. Which reminds the Stroller that another senior or two may be training for the same instead of for the teaching profession.

### Importance of Nutrition.

We, the people of the United States have been singularly free from any widespread nutritional disease. We have not had famine with its general impoverishment of health; we have not even had serious shortage of some food staple whose absence brings sickness. This is because of our large and varied food supply. In Russia, before the war, shortage of the potato crop was regularly followed by an outbreak of scurvy. In Labrador the delay of spring ships with fresh food brought the same disease; the people starved by the study of child health.

subsist on bread alone for weeks, a condition sure to produce scurvy. But on the whole, we have not been troubled by specific diseases due to faulty nutrition.

Nevertheless, we have not had the highest ideals of health. Among the adult population, too many people of thirty-five or forty are as old as they should be ten or fifteen years later. They are out of the race when they ought to be at the height of their powers. We ought to have such standards of health as would make us uncomfortable to be out of health; just as we feel uncomfortable if our clothes are out of fashion. Is this due to faulty diet? We should at least give ourselves the benefit of the doubt and take the best diet we know.

This is a significant time in the history of nutrition. While food is not all of health by any means, the scientific researches of the past decade have made us realize that it is a more directly controlling factor than most people have dreamed. We already know that animals can be stunted at will by withholding any one of the recognized dietary factors—an adequate energy supply, protein suitable in kind and amount, mineral constituents such as calcium, iron and others to the number of nine; growth-promoting vitamines, of which three are known. Our chances of good nutrition are immensely increased when we know how to choose. A hit-and-miss system is as likely to miss as hit.

The accumulation of scientific knowledge of nutrition, the low state of health revealed by health examinations for the army, the educational work of such organizations as the Children's Bureau and the Child Health Organization co-operating with the Department of the Interior, and the desire of agencies active formerly in war work to serve the civilian population in peace, have combined to engage us in a sort of national health campaign.

A good many people are thinking about health, and are going to find out whether they really have it or not, and if not, why not. The "why not" will send many of them back to their childhood for causes. In childhood the foundations of health are laid. Then the power to resist disease is developed. There the "habits of health" must be formed. Adults should have such a habit of health established as will free their minds for other things. As civilized beings we have already learned in part to do this. But we must go further if we are to have, not the survival of the fittest characteristic of uncontrolled nature, but all surviving and fit, the true test of a vigorous civilized race. Just as the progress of educational method is marked by the increasing insistence on the study of the child mind, so the study of the child mind, so the progress of human health is accelerated by a big heart that reaches out to all the children and

The science of nutrition has made rapid strides in the past ten years. We now have considerable data on the child's energy requirement. The question of how many calories is an individual matter. We must have definite health standards by which to measure each child's progress. The movement for weighing and measuring children as a part of the school health program has been so vigorously fostered that this aid to health diagnosis is widely known. We are justified in demanding physical examinations for all children ten per cent or more underweight. There are often obscure causes of under-nutrition which seriously interfere with normal growth.

The total number of calories as well as the quality of the diet must be considered as a remedy for under-nutrition.

Protein is important and when milk is freely used, other foods for the sake of protein need not be emphasized. Everything points to the necessity of liberal calcium in the diet for children, and there is no way of getting it so practical as the generous use of milk.

Nothing has aroused more enthusiasm for the pursuit of knowledge in regard to growth than the discovery of vitamines. In the study of vitamines the antiscorbutic one was long vaguely termed a "principle"; only within the past year has it been given a name—"Vitamine C." It is found in the orange, fresh yellow turnip and carrot. The antineurotic vitamine—"Water-soluble B" is the one which most markedly influences growth. It is found in vegetables, leaves of plants, tomatoes and probably in fruits. The third known vitamine is known as "Fat-soluble A." What role it plays in human nutrition is not altogether clear. It is probable that in cod-liver oil is to be found the fourth vitamine.

There are in every community a considerable number of children that need special attention. We need two things—education for all in child health, and special attention to those who are physically below par. Much can be done in school—the old teaching about bones being replaced by training in health habits. New York State has a nutrition expert specially to help teachers in this work. The school nurse is often in the best position to work with the child needing individual attention. It is best to make the teaching how to live a part of the school program as fast as possible. The children of pre-school age need to be looked after. Then the task of the school will be reduced, and better work done by the children with less effort. The nutrition center for mothers is probably the place where this can best be handled. The physician, the nurse, the trained social worker, the expert teacher, all sorts of special agencies must somehow be fused by a big heart that reaches out to all the children and

makes them know and love the nutrition worker.

—Mary Swartz Rose, Teachers' College Record, Nov. 1920.

### MARYVILLE HIGH IS

#### N. W. MO. CHAMPION

(Continued from Page One)

New Hampton	F. G.	Fr. G.
Brown .....	3	4
Hesseltine .....	4	0
Bloomfield .....	0	0
Gibson .....	0	0
York .....	0	0

7 4

Referee, Thomas; Umpire, Edwards. The all Northwest Missouri mythical five was picked after the final game Saturday night, and the following men placed:

#### First Team.

Forward—Faris (Capt.) Maryville. Forward—Brown, New Hampton. Center—Mueller, St. Joseph Central. Guard—Campbell, Maryville. Guard—Henderon, St. Joseph Central.

#### Second Team.

Forward—DeArmond, Maryville. Forward—Laughlin, St. Joseph Cen. Center—Nichols, St. Joseph Central. Guard—Foreman, Maryville. Guard—Stuber, St. Joseph Central.

#### Y. W. C. A.

The following program was given at the regular meeting, March 9:  
Devotion ..... Ruth Bookman  
Vocal Solo ..... Mrs. Griffin  
Reports from Student Volunteer.  
Convention—Anna Mae Gillis, Leston Webb.

The lecture given by Mrs. Elmore, a missionary to India, was reported by Anna Mae Gillis. In this report the need for more Sunday School workers in India was brought out. There is a need for doctors, nurses, and social workers as well. The pitiable condition of the people of India was well portrayed.

Leston Webb delivered a report of the lecture by Mr. Campbell. He said that students should be contributors to every just cause, because it is in school that generous habits are formed. The non-contributors to worthy causes are found generally among the uneducated.

Mr. Webb also presented a letter from the secretary of the Student Volunteer Movement asking for a contribution toward a sum of fifty dollars needed to balance this year's expenses and leave the new treasurer with some advertising funds. The association voted to make up seven dollars by personal contribution and send it to the secretary.

Esther Fordyce was appointed courier representative for the Y. W. C. A.

Miss Winn, who has an extension class in the Drama at Albany, was accompanied there by Mrs. F. M. Ryan, Wednesday, March 9. They were entertained at dinner by Mrs. O'Malley.